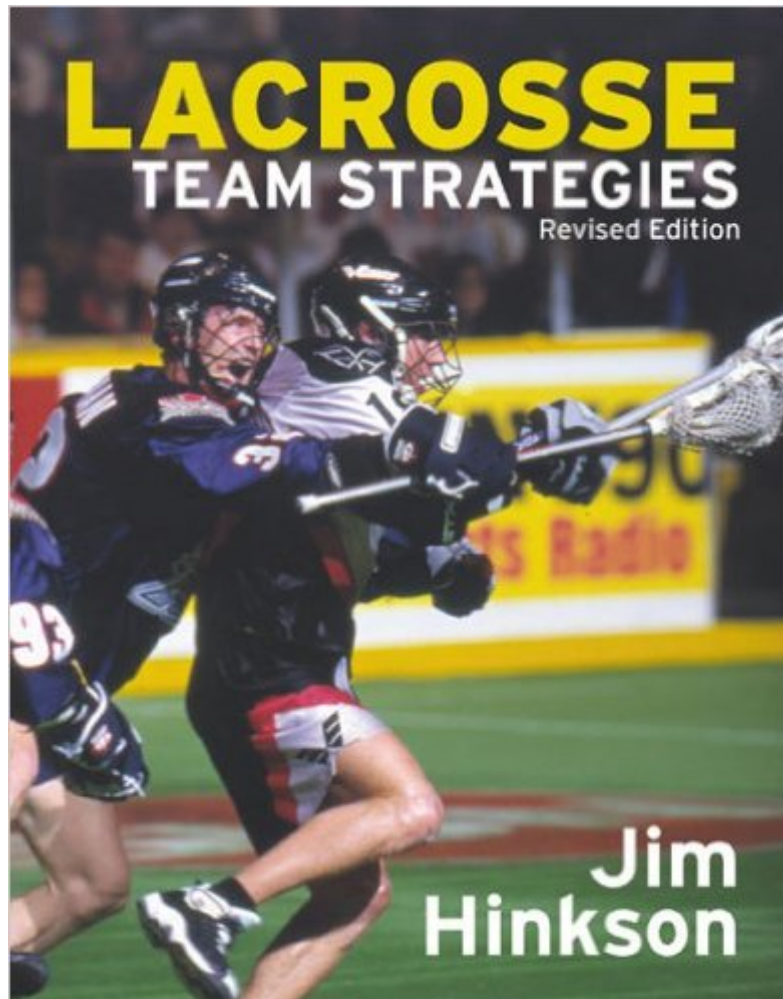


The book was found

Lacrosse Team Strategies: The New Offense - Defense System



Synopsis

Book by Hinkson, Jim

Book Information

Paperback: 295 pages

Publisher: Warwick Publishing; Revised Edition edition (October 1, 2005)

Language: English

ISBN-10: 1894622480

ISBN-13: 978-1894622486

Product Dimensions: 9.2 x 7.2 x 0.7 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #1,630,426 in Books (See Top 100 in Books) #95 inÂ Books > Sports & Outdoors > Other Team Sports > Lacrosse

Customer Reviews

I coach outdoor lacrosse, a parent showed me this book, and after breezing through it, I bought it immediately (years and years ago). I am back to order it again to send it to a buddy who has never played lacrosse and is starting a youth program to coach his kids who are going to play outdoor and box. This book breaks down every part of the game for box. What it does better is break it down to the fundamental level, especially with picks. It gives all kinds of drills to do as well, so any coach could easily get through a lacrosse season just by using the drills in this book. I usually don't write reviews, though seeing a one star is prompted me to write this one. Yes, this is a box lacrosse book, so not a reason to give it a bad review just because someone wanted information on outdoor lacrosse. That one star review should be deleted as it's not on the content of the book and more on to give a proper description. Return the book and get an outdoor book instead of giving a bad review of a book. Very misleading.

I looked forward to getting this book. But when it arrived I was disappointed to find out its almost entirely about box lacrosse (5 on 5) rather than field lacrosse (9 on 9). While the picture on the cover is inside an arena, the title does not imply its only about box lacrosse. So be warned coaches, unless you are coaching box lacrosse, the book has limited value to you because the team concepts in box and field lacrosse are entirely different.

[Download to continue reading...](#)

Lacrosse Team Strategies: The New Offense - Defense System Rhythm Offense: Teaching Motion Offense by Counting "1..2..3" - 2nd Edition How to Play Lacrosse: Learn How You Can Quickly & Easily Master Playing Lacrosse The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing Department of Defense Instruction DoDI 5000.02 The Operation of the Defense Acquisition System January 2015 Ultimate Guide to Weight Training for Lacrosse (Ultimate Guide to Weight Training: Lacrosse) Prepping and Defense Box Set (6 in 1): Concealed Carry, Home Defense, Prepper's First-Aid Kit, Survival Pantry, SHTF Stockpile and Many Other Useful Tips for Real Preppers (Prepping & Homesteading) Hostage Rescue Team Box Set Vol. I (Hostage Rescue Team Series) First Offense (Innocent Prisoners Project Book 4) Coaching Basketball's Blocker-Mover Motion Offense: Winning With Teamwork and Fundamentals How to Scout the Offense of Your High School Football Opponent: Identifying Your Opponents Offensive Play Calling Tendencies The Explosive Veer Offense for Winning Football Carl Runk's Coaching Lacrosse: Strategies, Drills, & Plays from an NCAA Tournament Winning Coach's Playbook Prepper's Home Defense: Security Strategies to Protect Your Family by Any Means Necessary (Preppers) Home Defense: 15 Best Survival Strategies to Protect Your Home The Team Building Strategies of Steve Kerr: How the NBA Head Coach of the Golden State Warriors Creates a Winning Culture Krav Maga Professional Tactics: The Contact Combat System of the Israel Defense Forces GURPS Traveller: Deck Plan 6 System Defense Boat New York Giants Quiz Book - 50 Fun & Fact Filled Questions About NFL Football Team New York Giants Thirteen Against the Bank: The True Story of How a Roulette Team Broke the Bank with an Unbeatable System In Defense of Anarchism (with a New Preface) 1st (first) Edition by Wolff, Robert Paul (1998)

[Dmca](#)